I have over 20 years of law enforcement experience, with 15+ of those years being in a supervisory or leadership role. I currently work full time for ECU Health Police Department as Captain of Professional Standards. I oversee department training compliance, applicant backgrounds, officer certifications, Internal Affairs, manage department intranet page/site, provide new hire orientation, track department vacancies, track incidents required for state reporting and complete special assignments when needed.

Quote: Colossians 3:23-24 New International Version (NIV)

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

I work full time for the police department with ECU Health and live in Williamston, NC with my husband of 19 years, our 16-year-old daughter, and 3 dogs. I have been in law enforcement for 24 years, employed at ECU Health since 2009, and I absolutely love the work I do.

I oversee department training, assist in managing department positions, provide orientation to new hires and a wide variety of Human Resource functions within my department. As the owner of our department’s intranet page and Team Member Site I am responsible for ensuring content is relevant, accurate, updated and most importantly, accessible. I collaborate with Human Resources, Compensation and Benefits, Finance, IT and other departments on a regular basis to collect information and understand processes to create databases to complete various projects for senior leadership.

I am working on my degree in Business with a concentration in Management Information Systems and Human Resource Management.

I have a Type A personality and happily suffer from obsessive compulsive disorder (OCD).

